CITY WALKS

Monumental walk

This walk starts in the Plaza de España going towards the church (16th century), continuing along San Antonio Street and coming out on Real Street which we will walk straight until we reach the Fuente Nueva (18th century). We must then walk trought Mayor Street, going up the steps to the Plaza del Alamo

[5] Fuente Nueva ("...and on a fountain which - Poplar Tree Square (this was actually an elm tree which died in 1985 as a result of disease). Turning left in the direction of the Rascafria road we are able to walk along the wide pavement and admire the mansions (early 20th century), after some 500m we reach at a fork in the road which will lead us to the Fuente del Cura after another 1km.

After having a good rest, we will return along the same route, back along the Rascafria road and when we reach "Villa Eugenia" (a large granite mansion) we will go up the Reina Victoria steps and continue along Apicultura Street until we reach the Rodriguez de la Fuente Arboretum (containing species of trees to be found in the Guadarrama mountains). We will then walk along past the Fuente del Pino and walk down the street of the same name until we reach the Plaza de España.

Town Hall Square 2 Casa de la Cultura. Poetry Corner Vicente Aleixandre

4 Monument "El perrero"

7 Vicente aleixandre's bust 8 The old Julia hotel 9 Vicente Aleixandre Street 10 Rascafría road mansions

11 Viewpoint of the Virgin 12 Fuente del Cura

15 Fuente del Pino 16 Library (old school) 17 Fuente del Pilar 18 Jerónimo Sastre's park

13 Gruta de Nª Sª de Begoña 14 Rodriguez de la Fuente Arboretum

3 Church

5 Fuente Nueva 6 Alamo Square

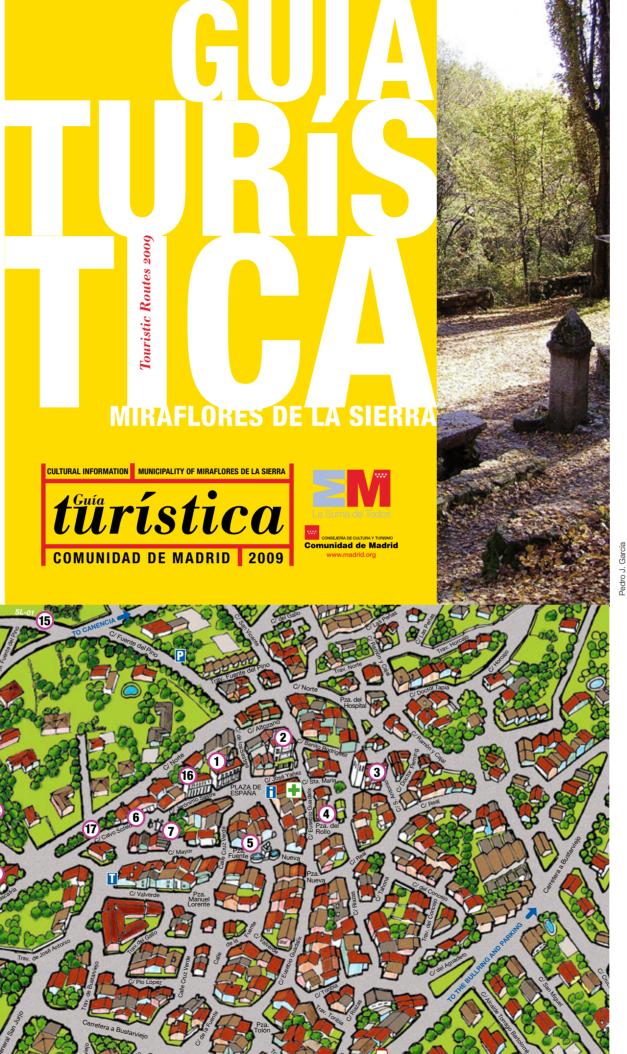
Aleixandrino walk

As this walk coincides with the Monumental Walk, we are able to locate the following places on the map without giving a description of the route.

2 Casa de la Cultura

Road trip Busta

- Espacio para la Poesía Vicente Aleixandre
- there was in the village, one can still see the date: 1791-..." from the poem Félix).
- Plaza del Álamo ("...these men's only heaven" from the poem The Elm).
- 8 The old Julia hotel (the first place Aleixandre staved in Miraflores).
- Vicente Aleixandre Street (Aleixandre's house).
- Rascafría Road ("...The way up to the pass has some white towers / gardens. They are strange to the people. ..." from the poem the Figure of the Woodman).
- Virgen Viewpoint ("...to this immense mountain, incalculable mound...", "...And above the Morcuera, the pass through which a hole opens onto another flat land, fertile now and diverse." From the poem The village is on a mountainside)



BICYCLE'S RIDES

RB o1. Fuente del Cura - Hueco de San Blas

The route starts in the Fuente del Cura recreational area where you will see two tarmac roads off to the left. Take the higher one of the two which gently rises, leaving behind the Fuente de la Villa on your right. Continue up the road until it turns into a dirt track. Continue straight along the track, which will then enter an oak forest. After 3km you will arrive at a barrier with a cattle grid, which is just at the beginning of the Aguirre pine forest.

Shortly after crossing the barrier you will come to a fork in the track. Take the left hand path which goes downhill, 3km. after you will reach the entrance to the Hueco de San Blas. Just after crossing the cattle grid, take the right-hand, upward path which will take vou to "las buitreras". the place where the farmers used to leave the dead animals for the vultures to eat (7km) and where the track ends. Return along the same route and in 1 hour you will arrive back at the Fuente del Cura.

Difficulty: low - Time: 2h 30' - Distance: 26km



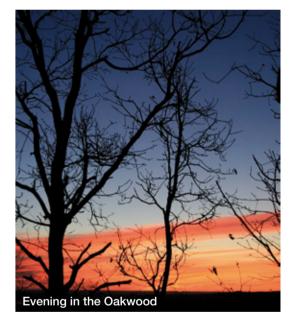


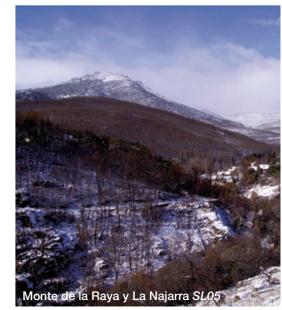


RB 02. Miraflores - Morcuera Pass -Canencia Pass - Miraflores.

Start in the recreational area Fuente del Cura and take the higher tarmac road on the left which gently rises, leaving behind on the right the Fuente de la Villa. Continue going up along the tarmac road, which soon becomes a dirt track. Go straight along the track which goes through an oak forest and after 3km you will arrive at a barrier with a cattle grid, just at the beginning of the Aguirre pine forest. A little after crossing the barrier you will reach a fork in the path, take the right-hand turning and continue up following the main track for 7km until you arrive at km 7 of the road which leads to the Morcuera mountain pass. Continue up the road to the top of the pass (2km) and go down the other side for another two kilometres, at which point you will meet a path which leads from the Morcuera to the Canencia pass. It goes off on the right-hand side, behind a metal barrier. Continue downhill for some metres and soon you will have the last uphill slope in front of you. Ignore the fork to the left 2km further on, following the main track up to the pass, where a descent of 7km begins. We should follow this wide path which will take us down to the Canencia mountain pass, and where we only have to turn right as soon as we reach the road to arrive back down in Miraflores after 8k m.

Difficulty: easy - Time: 3h 3o' - Distance: 30km





PATHS

SL 01. Reaching the top of Pico de la Pala 1542 msnm

Our route starts in the Fuente del Pino Park where we must continue along the street of the same name in a west direction until we reach the second street on the right. Travesia del Cabezuelo, which we will walk up steeply. When the tarmac road finishes, we have to continue some metres further on and then turn right and take the path which will lead us to the municipal water tank, Fuente del Carro (1km). Once there we will take the path which descends until it joins another path on the left-hand side which will lead us, after a steep ascent, to the Pico de la Pala (1km). Once there, we continue along the SL-01 towards the slope on the other side and then we will proceed down a steep. rocky slope with marvellous, rugged views until we reach Cabezuelo, continuing on down to the village along Reina Victoria Street.

Difficulty: medium - Time: 2h - Distance: 6km

SL 02. Parada del Rey

We set off from the Fuente del Cura recreational area along the Muñequilla path in the direction of the Hueco de San Blas (the highest tarmac road on the left). After little more than 600 metres the tarmac road comes to an end and we find ourselves on a dirt track which goes through the oak forest, and which we must follow gently uphill. This initial part of the route is the same as SL-03 (Fuente del Cura to San Blas). Some 1400 metres further on, we arrive at a fork where the two routes go their separate ways. We must take the right-hand path. After 1km along the main path, we come to a barrier which we will pass through to enter the Aguirre Pine forest. Almost straight away the path divides into two. Once again we will take the right-hand fork and begin to go uphill for approximately 2km on a path through the forest which has some sharp bends. When the track becomes less steep and we are able to see a clearing between the trees we must leave the main path. We must take a track on the right which is not clearly marked but which, on the other hand, is clearly signposted by a pole. 100m further on we go through a gate and now find ourselves in the Parada del Rey. The path crosses the open space going downhill to the Monte de la Raya. After 3km of descent we will come out onto the tarmac road in the Fuente del Cura and only have to go some metres further on the left to finish our route.

Difficulty: low - Time: 2h - Distance: 8km

SL 03. Ermita de San Blas

Our route starts in Road Rascafría which we will take along until we reach the recreational area called the Fuente del Cura. Here we will continue along the upper tarmac road on left, which takes us into the oak forest of Monte de la Raya (2km). From here we carry along the main track for 1,5km until the track divides. We must take the left-hand path, of a similar width to the one we have just left. Going along this path we go downhill in a south-easterly direction, and little more than 1'5km further on we come to the Ermita of San Blas.

We will return along the Muñequilla path heading west, going around the south side of the Dehesa de Arriba, until we arrive at the road which goes from Miraflores de la Sierra to Soto del Real (2km). We must cross the road and take the path on the opposite side which will take us along the drove road, the Cañada Real Segoviana. Carrying on along this path, we will come to the Miraflores

de la Sierra-Guadalix de la Sierra road which we must cross. Carrying straight on, we reach a bridge which crosses the River Miraflores. A few metres further on there is a road on the left-hand side which will take us up to the village centre and the end of our walk.

Difficulty: low - Time: 3h - Distance: 10km

SL 04. River Gorge La Luz

This local path starts 400 metres before arriving at the Fuente del Cura, just opposite the Siete Abanicos housing estate. Go down the path and cross the river by the bridge next to the ruined Tío Salustiano watermill. Turning left go through a metal gate and a few metres further on begin the descent towards the bottom of the gorge. Cross the river over the wooden bridge and walk along the river bank on the left-hand side following the signs which will lead us to another bridge made also of wood. Cross over the river and continue along until you reach the AC/DC rock, and then walk up the stone steps towards the Cerro de los Santos. This will bring you to the entrance of the Gruta de Nuestra Señora de Begoña. Walk along Julian Reyzábal Avenue until you come to Madrid Avenue, turn right and walk up the road, the last part of which is a dirt track, until you reach the Fuente del Cura.

A part of this route takes place over rocky areas near the course of the river and it is unadvisable to walk it on rainy days because of the risk of slipping. There are some areas where easy scrambling is necessary and it is not advisable for people who are not used to this kind of route.

Difficulty: high - Time: 1h - Distance: 2km

SL 05.

Reaching the top of La Najarra 2105 m

This route begins in the Fuente del Cura. After crossing the river Miraflores on the right-hand side, you can see a forest track which goes north-west along the river bank. Following this track you reach the Miraflores reservoir after little more than a kilometre. Just before reaching the gate which leads into the reservoir area, you will see a path on your left which takes you to the top part of the reservoir. Here you need to walk uphill along the path following the signs which lead you to a meadow (500m). Leave the path turning left, and cross the meadow on its right-hand side and re-enter the oak forest on a little path on the right-hand side (150m). After a few minutes you will reach another clearing where you must turn left and walk uphill parallel to the stream until you reach the edge of the pine forest (400m). Following the signs, go into the pine forest up a short, steep slope which will take you onto a forest track. Here follow the path for a few metres to the right. Almost immediately we must leave this path and follow the "Camino de la Nieve", the Snow Path. Take the first turning to the left and after approximately an hour, and crossing the high part of the pine forest, you reach the top of the Morcuera pass 1,796m (3km). Without crossing the barrier, and sticking to the fence, climb some metres and you will find yourself on the north slope of the Najarra. Here, climbing up among the rocks, broom and imposing views of the Cuerda Larga mountain range and the Carpetano Hills, you will reach the trig point situated at the top (2,205m). Here the climb is finished and following our footsteps back down in less than two hours we should be back at the start of our route.

Difficulty: medium - Time: 5h - Distance: 16km