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Tourist Guide

Miraflores de la Sierra

All year

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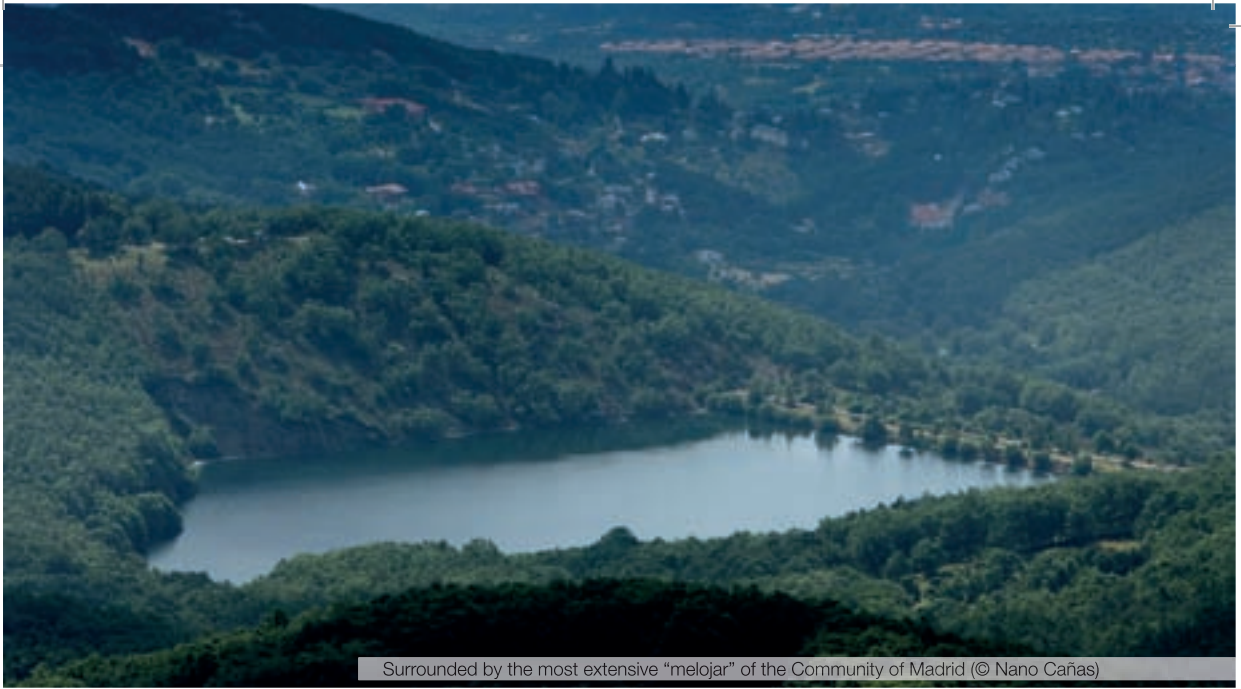
DISCOVERING MIRAFLORES DE LA SIERRA

Located in a privileged enclave, of outstanding natural and ecological value, Miraflores de la Sierra belongs to the Regional Park of the High River Basin of the Manzanares (Parque Regional de la Cuenca Alta del Manzanares), protected natural area declared Reserve of the Biosphere by UNESCO.

It is only 50 km away from Madrid, crossroad between the mountain passes of Morcuera and of Canencia, privileged path to the Valley of Lozoya, and entrance to the Valley of Bustarviejo.

The passage towards the Valley of Lozoya, was very used during the 17th Century by the Kings of Spain, Felipe IV and Isabel de Borbón, when they marched to the Monastery of Paular. In one of these trips, the legend tells that Isabel de Borbón stopped to rest in one of the prettiest places of our municipality, the now called “Shutdown of the King” (La Parada del Rey), in the top of La Raya, on the foot of the Najarra and she contemplated Porquerizas (earliest name of this municipality). She must have become astonished by that landscape covered with flowers, as she spontaneously exclaimed: “Look, flowers!” (“¡Mira, flores!”). Someone in the entourage, interpreting her displeasure at the name of that time, suggested to the queen to order a change of name to the one she had just expressed.





Surrounded by the most extensive “melojar” of the Community of Madrid (© Nano Cañas)

The incomparable environment of Miraflores, along with its climate, its landscapes, natural resources and their exceptional gastronomy, cause that it happens to be a privileged place for the benefit of the visitor.

Surrounded by the most extensive “melojar” of the Community of Madrid (the “melojo” or *Quercus Pyrenaica* is a tree belonging to the gender of the oak), this small valley is ideal for discovering corners that invite to have a walk, for instance, by our Monumental Stroll (including Fuente Nueva [18th Century], the imposing Poplar, the Aleixandrino Stroll...) as well as by our nature, with our routes of local tracks, afoot or on bicycle; routes of environmental education; practicing outdoor sports (horse routes, paragliding...); observation of the flora and fauna; the Grotto of Begoña...

In our restaurants one can enjoy traditional products: roasts, requesón, honey or the cheese of Miraflores. The menus adapt to the typical products of each season, thus in February we enjoy typical dishes of the slaughter, the first weekend of July we have the fair of beer and snacks (BIERFEST MIRAFLORES), and in November we celebrate the gastronomical days dedicated to game and mushrooms.



Nuestra Señora de Begoña (© Nano Cañas)

Cultural tourism

The village of Miraflores is well-known by its emblematic buildings, fountains and other representative symbols: Church of Asunción (Temple consecrated to the Acceptance of Our Lady. Without a defined architectonic style, it follows the line of the churches constructed in the Señorío del Real del Manzanares, outstanding the baptismal font from 1492); Monument to the Perrero (According to the legend, during the French invasion, several men carrying cowbells on their backs, pretended

to make out as if they were a stampede of cattle in order to make the french believe that they were being persecuted by such herd, and in such way Miraflores got rid of the presence of the French); The New Fountain (Fuente Nueva, 18th Century, emblem of the town); The Poplar Square (Plaza del Álamo, here is the sad figure of a died trunk, reminding of what the impressive centennial poplar looked like. Died in 1985 by grafiosis. Next to it is the bust in tribute to Vicente Aleixandre (work of Ana Hernando); Large houses of the 20th Century (They used to be summering "villas", houses of summer rest with different construction types belonging to the high Madrilenian bourgeoisie who

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Casona de la Fuente Reña (© Nano Cañas)



Fuente Nueva 1791 (© Pedro de la Serna)

used to look for “mountain airs” in Miraflores, so sought after in those times); Grotto of Our Lady of Begoña (Gruta de Nuestra Señora de Begoña, Founded on 1952 by Julian Reyzábal. Place for oration and withdrawal. Stands out the viewpoint from which the precipice of the River of the Light [Río de la Luz] can be appreciated).

Local Festivities: Saint Blas (February 3rd), Saint Isidro (15th May), Assumption of Our Lady (Asunción de Nuestra Señora, 15th August). In these days we conserve the most rooted traditions.

Center of Art Villa de Miraflores: Throughout the year it is home to diverse cultural acts: exhibitions of art, theatre representations, cinema, poetry recitals, conferences...



Space for the Poetry Vicente Aleixandre (© Archivo municipal)

Space for the Poetry Vicente Aleixandre:

Appearing as an interactive scope, in which the visitor can read and listen to this author's poems, appreciate the photos and pictures, and visualize multimedia contents referred to the artist and his surroundings.

It is tried thus, that the visitors can submerge in the poetry of Vicente Aleixandre, enjoy it and value his enormous poetic work.

Vicente Aleixandre. (Seville 26/04/1898 - Madrid 13/12/1984) Due to his delicate health, he looked for a pure and clean air retirement in the Madrilenian mountain range, where to spend long seasons of curing and rest, which he combined with intense readings and poetic activity.

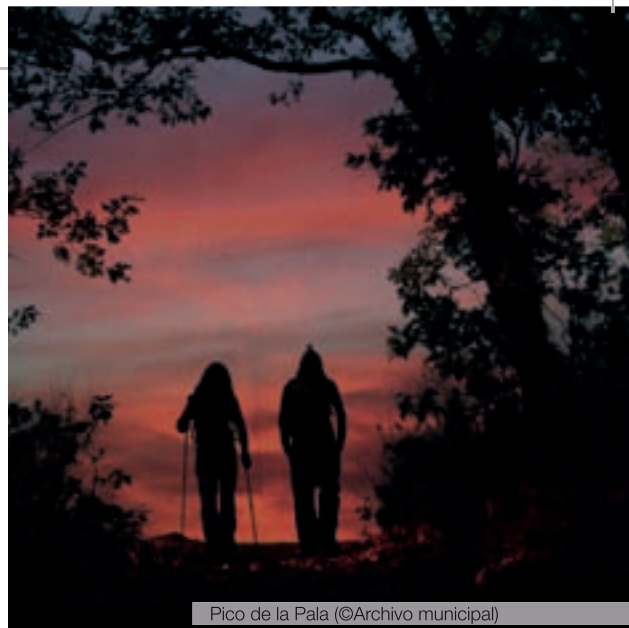
Schedule: High season (15 June-15 September) Mornings: Tue to Sun 12:00 To 14:00h.
Afternoons: Tue to Sun 19:00 to 21:00h.
Low season (16 September-14 June) Mornings: Tue to Sun 12:00 to 14:00h.
Afternoons Sat and Sun 17:00 to 19:00h.

Closed every Monday of the year, Christmas, New Year and local celebrations.
Free entrance.

Miraflores de la Sierra

Sports-nature tourism

Miraflores de la Sierra is located in a privileged natural environment, being a strategically important point between the mountain passes of Canencia and of Morcuera. Because of this, it is a superb destiny for hikers, cyclists, fans of active tourism, motorsports...



Pico de la Pala (©Archivo municipal)



Parada del Rey (© Archivo municipal)

Local Track SL-01: Ascension to the Peak of the Shovel (Pico de la Pala) 1542m

Difficulty: medium
Time: 2hrs
Distance: 6km

Local Track SL-02: Ascension to the Shutdown of the King (Parada del Rey)

Difficulty: Low
Time: 2hrs
Distance: 8km

Miraflores de la Sierra



Humilladero de San Blas (© Nano Cañas)

Local Track SL-03: Pilgrimage Site of Saint Blas

Difficulty: Low

Time: 3hrs. Distance: 10km

Local Track SL-05: Ascension to La Najarra Peak 2105m

Difficulty: Medium-high

Time: 5hrs. Distance: 16km

Local Track SL-04 : Riversides of the River of Light (Río La Luz)

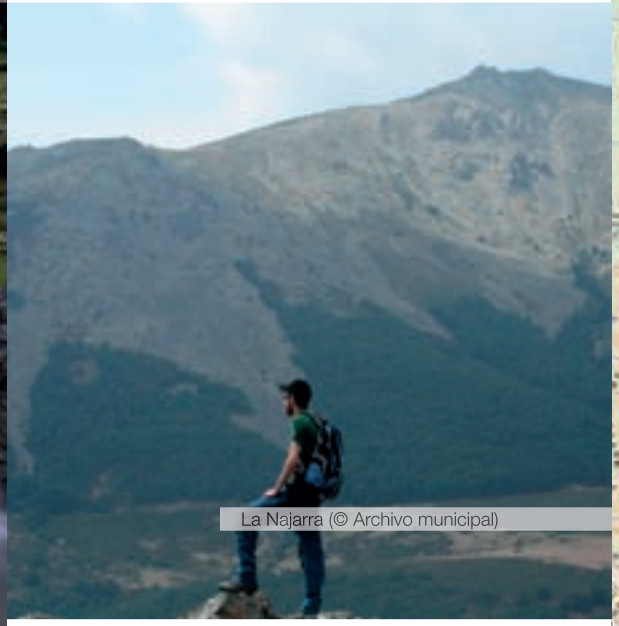
Difficulty: High

Time: 1hr Distance: 2km

Further information available in the Miraflores de la Sierra routes guide



Riversides of the River of Light (© Julio Cesar Cerro)



La Najarra (© Archivo municipal)

Local track (SL)



Continuing of the track



Variant of the track



Change of direction



Wrong way

LOCAL TRACKS SIGNALIZATION



Miraflores de la Sierra

Routes of Environmental Education: A magnificent tool for this type of routes is the Rodriguez de la Fuente Arboretum, Botanical Garden dedicated fundamentally to trees, home to more than thirty species representing a sample of the natural wealth of Miraflores and the Mountain range of Guadarrama.

In addition as complement, we can make a route and be interpreting the nature. Just in the arboretum begins Local Track 01, that ascends to the Peak of the Shovel (Pico de la Pala, 1542 m.)

In addition we count on a series of companies dedicated to active tourism.

Among other activities, they offer Horse routes, fishing preserve, paragliding (Baptism of flight, aerial Safari...), Paintball, Segway, Hikers Club and Cycling Club.



Routes of Environmental Education (© Archivo municipal)

Gastronomical tourism

The gastronomy of Miraflores de la Sierra, has always been a good reason to visit us. The main products that compose it are:

Honey: Elaborated with the rockroses' and the mountain heathers' pollen.

Cottage Cheese: Very rich in calcium, phosphorus and proteins of high biological value.

Cheeses: Semi-cured and cured, out of ewe milk, semi-cured and cured mixture, craftwork out of crude ewe.

Mushrooms: The humid and fertile earth of Miraflores grows numerous mushrooms, the most outstanding: *Boletus Edulis* and *Lactarius deliciosus*.

Meat of the Mountain range of Guadarrama: Having the guarantee of quality seal "Protected Geographic Indication".

Roasts: Typical and traditional dish cooked by ours chefs in their restaurants, streaked with best wines with 'Wines of Madrid' Denomination of Origin.

Confectionery: The famous "Piononos de Santa Fe", the "macureñas" pastry and the yoghurt bun.

Throughout the year several gastronomical events take place, focused not only for people who enjoy the art of good eating, but also for people willing to experience a new culinary adventure:

Bierfest Miraflores: Fair of the beer and snacks, takes place during the first weekend of July. At least 15 different types of beer can be tasted as well as a wide range of snacks specially designed for the occasion by the restaurants and bars of Miraflores



Gastronomic days (© Archivo municipal)



Bierfest Miraflores (© Lennart Cifuentes)

At the same time we celebrate **Expomiraflores**: a commercial fair conceived to publicize the products and services that our town offers, with the attractiveness of celebrating a Fashionable footbridge.

Local music bands brighten up the fair, bringing joy and color.

Medieval market: Taking place during the last weekend of July, transports us to a distant time.

Different craftwork products can be enjoyed: varied delicatessen, cheeses, pies, pastry shop and baker's shop...

Game and Mushrooms Gastronomical

Sample: Miraflores de la Sierra's mushroom collectors and hunting vocations shape this sample. It takes place in November and pretends to present the typical mountain products for this season. With this objective, the restaurateurs develop their creativity and elaborate tempting dishes such as: "Boletus croquettes", "Beans with quail and mushrooms", "Stewed partridge with Lactarius mushrooms", "Pickled partridge legs salad with vinaigrette"...

Great day of the Pig Slaughter. Taking place in February, it is one festive day for the whole family in which gastronomy, tradition, the rite, the celebration, the culture all meet. We can contemplate the process of elaboration and tasting of the different products derived from the pig.

Gastronomical days of the Slaughter of the Pig: Throughout the month of February we can enjoy, in the best restaurants of Miraflores de la Sierra, those so traditional and tasty dishes such as "Iberian Somarritos", "Blood sausage and pinions pudding", "Beans with pig ear", ribs and tail...



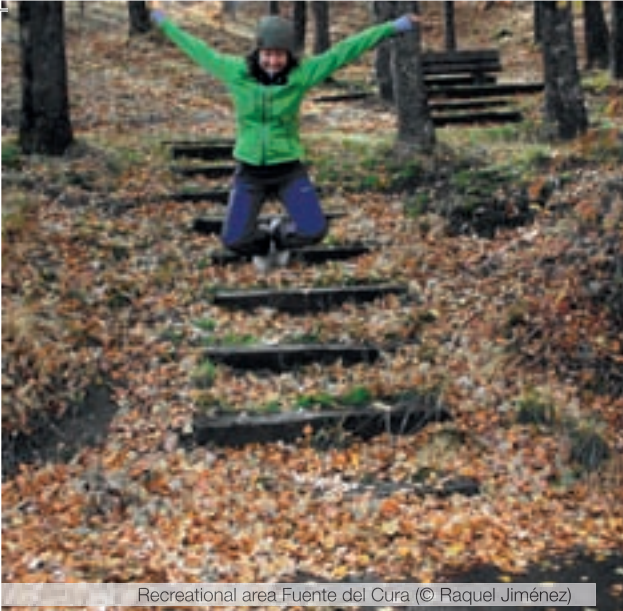
Cabra montés *Capra pyrenaica* (© Pedro de la Serna)

Familiar tourism

through our Local Tracks, as much on foot as by bike, the family can get to know the nature more thoroughly and observe the biodiversity of the zone: trees (pines, oaks, holm oaks, ash trees...), aromatic plants (rosemary, lavender, and rockroses) and fauna (wild boars, roe deers, foxes, rabbits, goats, griffon vultures...).

“SL-02” and “SL-03” local tracks are specially designed to be crossed in family. (More information available in the tourist routes guide).

Medieval market: This fair, taking place every year during the last weekend of July, is ideal to be visited it in family, enjoying different activities: music, games, juggling, Mythology Library and crafts sale (soaps, leather shop, imitation jewellery, varied delicatessen, pastry shop and baker's shop...).



Recreational area Fuente del Cura (© Raquel Jiménez)

Villa de Miraflores Center of Art: Visit our Web site: www.turismomirafloresde-lasierra.es in order to be informed on the programming of the Center of Art, of the summer events and on the activities that take place on local festivity days.

Recreational area Fuente del Cura: Picnic area in Monte de la Raya, surrounded by the most extensive melojar (oak tree forest) of the Community of Madrid, next to the River of the Light (Río de la Luz), beginning of the Local Tracks (Senderos

Locales), in summer afternoons one cannot be elsewhere better than here.

Rodríguez de la Fuente Arboretum: With over thirty recognized species, it represents a sample of the natural wealth of Miraflores and the Mountain range of Guadarrama. It has a didactic approach that turns it into an excellent instrument for environmental education during the four seasons of the year, and is the starting point for Local Track 01 (SL 01), that ascends to the Peak of the Shovel (Pico de la Pala).



Rodríguez de la Fuente Arboretum (© Archivo municipal)

Where to sleep

Hotel LA PARADA DEL REY ***	Avda. Madrid, 16	91 844 90 06
Hotel LA POSADA ***	C/ Calvo Sotelo, 6	91 844 45 09
Hotel MIRAFLORES ***	C/ Del Río S/N	91 844 90 90
Hotel PALACIO MIRAFLORES*****	C/ Fuente Del Pino, 6	91 844 90 50
Apartamento rural EL ENCANTO DE MIRAFLORES	C/ Santa María, 6	619 682 164
Apartamentos rurales EL HORREO	Ctra. Canencia, 8	606 673 416
Casa rural LA HERREN	C/ Norte, 7	676 977 387
Casa rural LA QUINTA DE LAS FLORES	C/ Mercado, 10	91 844 46 08
Casa rural LA Llave DE MIRAFLORES	C/ Fabián Lorente, 16	616 330 341

Where to eat

Cafetería-Restaurante LLERJA	C/ Norte, 5	91 844 37 86
Bar-Restaurante MESON MAITO	C/ Calvo Sotelo ,6	91 844 35 67
Bar-Restaurante ESPAÑA	Plaza del Álamo,3	91 844 3015
Bar-Restaurante SOLYCAMPO	C/ Peralejo, SN	606 299 461
Bar-Restaurante EL FIGÓN DE MIRAFLORES	C/ del Río S/N	91 844 90 90
Bar-Restaurante CASA HERRERO	C/ San Antonio, 3	637 980 750
Restaurante LA PARRILLA	Avda. José Antonio,4	607 243 868
Restaurante MELFI	C/ Mayor, 19	91 844 42 90
Restaurante ASADOR LA FUENTE	C/ Mayor ,12	91 844 42 16
Restaurante VICTORIA	C/ Calvo Sotelo ,8	91 844 40 46
Restaurante FINCA EL ROCIO EVENTOS	Ctra. Miraflores-Guadalix km 0.700	91 844 34 30
Restaurante EL MAÑO	Avda/ del General Sanjurjo,1	91 844 52 77
Restaurante LA PARADA DEL REY	Avda/ de Madrid,6	91 844 90 06
Restaurante HACIENDA JACARANDA	Ctra. Soto del Real-Miraflores km 3.100	91 844 55 42
Restaurante SALONES MAITO	C/ del Río S/N	91 844 90 90
Restaurante EL MIRADOR DEL PALACIO	C/ Fuente del Pino, 6	91 844 90 50
Restaurante TRATTORIA LA VENEZIANA	C/ Valverde, 22	91 844 95 38
Bar-Comidas LA PARROQUIA	C/ Sta. Maria, 5	91 844 34 08
Bar TRIFFUS	Avda. Jose Antonio, 2	
Bar ZEPPELIN	C/ Fuente, 8	649 641 763
Bar ME VAS	C/ Benito Rodríguez, 6	646 691 053
Bar EL ÁLAMO	C/ Calvo Sotelo, 4	606 122 199
Bar MIRAFLORES	C/ Calvo Sotelo, 10	
Bar PEPINILLO VERDE	C/ Mayor, 5	609 364 220
Bar BOHEMIA CAFÉ	Plaza de España, 12	91 844 32 77
Bar COPPOLA	Avda. José Antonio, 2	609 123 099
Bar EI OCHO	Plaza de España,8	91 844 44 38
Bar RINCON DEL CURRO	C/ Calvo Sotelo, 1	
Bar DUNDUN	C/ Padre Rivero, 38	654 559 296
Cafetería PINGÜY	C/ Fuente, 9	91 844 44 38

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